

St George's School PERSONAL, SOCIAL & HEALTH EDUCATION Year 9 Curriculum Map

	Autumn	Spring	Summer
THE BIG IDEAS & KNOWLEDGE Overview of topics or key questions	 Health and Wellbeing Key Questions How can you handle the different types of pressure? How do YOU look after YOU? What is the biggest risk you think you will face at school? Topics Self-esteem Anatomy Bullying Dealing with grief and loss Media and airbrushing Cancer prevention and healthy lifestyles 	 Relationships and Sex Key Questions How important is respect in relationships? How can you stay safe in a relationship? How can you be confident about who you are and your decisions? Topics Consent and the law FGM Domestic violence and abuse Why delay having sexual activity Sexual harassment STI's Contraception HIV/Aids and discrimination 	 Living in the Wider World Key Questions What skills can you work on now that will be useful in the future? How can you get ready for work? How can you positively impact the world around you? Topics Careers and aspirations Positive work ethic Labour Market information Futuristic careers and Al CV writing Employment rights
SKILLS & STRATEGIES Procedural knowledge, literacy and numeracy skills	Recognise the factors that impact our self-esteem Understand the impacts of bullying and report it appropriately Develop the skills to make healthy choices to protect our physical and emotional well being Opportunities to practice and develop the skills of: debate, empathy, self-reflection, listening, articulating own opinion and values.	Recognise how we stay safe in relationships and respect our own and other people's boundaries Understand how 'spot' and 'call-out' sexual harassment in our society Develop the skills to cope with pressures put on us in relationships and how to create our own boundaries Opportunities to practice and develop the skills of: debate, empathy, self-reflection, listening, articulating own opinion and values.	Recognise our strengths in and outside of school Understand the current labour market information Develop skills to use AI positively and reflect on how this will enhance/impact future careers Opportunities to practice and develop the skills of: debate, empathy, self-reflection, listening, articulating own opinion and values.
FEEDBACK Noteworthy tasks and assessments	Topic Self-Assessment	Topic Self-Assessment	Topic Self-Assessment

	Autumn	Spring	Summer
BREADTH Opportunities, trips, wider reading, cultural capital	Friday 5 Presentations: Anti-Bullying week Support network in school Extension:	Friday 5 Presentations: Sexual Harassment and Inappropriate value Sexting Extension:	Friday 5 Presentations: Dragons Den competition Revision skills Extension:
	Watch 'When strangers get real about body image' https://www.youtube.com/watch?v=xBEpOOIhNVQ	Read https://www.nhs.uk/conditions/sexually-transmitt ed-infections-stis/	Extension: Watch 'Dragon's Den' https://www.bbc.co.uk/programmes/b006vq92 Watch 'The Apprentice' https://www.bbc.co.uk/programmes/b0071b63 Read 'Why has entrepreneurship thrived during the pandemic' https://www.forbes.com/sites/forbestechcouncil/20 21/04/09/pandemic-fuels-global-growth-of-entrepr eneurship-and-startup-frenzy/?sh=7554d9c07308
KEY VOCABULARY Important words and phrases	Body Image Stress Risk Pressure Boundaries	Consent FGM Harassment Contraception STI/D	Rights Al Work Ethic Careers market